

Oatmeal

Biscuit
Love

ingredients

½ cup oat blend

1¼ cups preferred liquid (milk, coconut milk, water, etc.)

½ tsp. salt

preparation

1. In a small sauce pan, add liquid of choice and salt.
2. Stir well and bring to a simmer.
3. Add oat blend and stir well.
4. Allow to cook, stirring every 3 minutes for 45 minutes or until oats are cooked and liquid is absorbed.
5. If oats are too thick or begin to stick together, add a little liquid until desired consistency is reached.
6. Enjoy with sliced bananas, brown sugar, cinnamon, or other topping!